

Lifestyle!

Making a Difference in your Community



Lifestyle!

Humberside Police's longest-running youth event, and it's all about you!

Since 1989, we've been supporting young people in making a positive impact in their communities each summer.

Open to
10-16 year olds



Lifestyle!

- Every year, young participants take on cool and inspiring projects, from awareness campaigns and public space clean-ups to charity fundraising and community support.
- Your dedication and teamwork help make your neighbourhoods better places to live.



Lifestyle! 2026

What could you win?



GO APE



THE DEEP



vation, not profit.



THE EDGE AERIAL ADVENTURE

BRIDLINGTON



Are you ready to take part?

Lifestyle! 2026

Friends Team

Join up with your friends in a team of 2-5 members and take on the Lifestyle challenge! You could win an adventurous experience prize for your team or even a holiday to Paris! This is the main category for Lifestyle.



Youth Team

If you are part of a youth club, sports team, or other registered organisation, you can form a Lifestyle team (up to 25 members) all together and help your youth club by winning £500 for them to spend!





Lifestyle! 2026



www.humbersidepolicelifestyle.co.uk

Ready to make a difference?

Be part of an exciting journey where young people come together to create positive change in their communities.

Whether you're passionate about protecting the environment, promoting online safety, reducing crime, or encouraging healthy lifestyles, Lifestyle 2025 gives you the chance to take on fun and inspiring challenges.

Collaborate with friends, showcase your creativity, and leave a lasting impact while developing valuable skills.

